

Each Mind Matters

2018-19 Webinar Series

Join us for the 2018-2019 **Each Mind Matters** webinar series. This series will provide a deeper understanding of suicide prevention in the workplace, at school and with our Spanish-speaking communities. In addition, we will feature webinars about Mental Health Awareness Month in May and Suicide Prevention Week 2019.

Questions? Please email:
info@eachmindmatters.org

This webinar series is hosted by **Each Mind Matters: California's Mental Health Movement**, and is part of statewide efforts to prevent suicide, reduce stigma and discrimination related to mental illness, and to promote mental health and wellness. These initiatives are funded by counties with Prop 63 MHSAs funds through the California Mental Health Services Authority (CalMHSA), an organization of county governments working to improve mental health outcomes for individuals, families, and communities.

September 25, 2018 1PM (English) / 2:30PM (Spanish) PST

Skills Building: Engaging Latino Communities in Suicide Prevention

The webinar will provide participants with an in-depth look at the SanaMente campaign and resources to educate the Latino community about suicide prevention.

To register: English: attendee.gotowebinar.com/register/1662240972603779842

To register: Spanish: attendee.gotowebinar.com/register/6909583250350834690

October 23, 2018 1PM PST

Suicide Prevention: Youth Suicide Prevention in Schools and Communities

This webinar will provide attendees with information and resources to help schools, parents and communities work together for youth suicide prevention.

To register: attendee.gotowebinar.com/register/8185639062151443714

November 13, 2018 1PM PST

Suicide Prevention in the Workplace

The webinar will present the rationale for suicide prevention in the workplace. An overview of best practices and resources to support workplace suicide prevention strategies will be provided.

To register: attendee.gotowebinar.com/register/2683796126457115138

February 12, 2019 1PM PST

Is Suicide Preventable?

The webinar will review comprehensive suicide prevention approaches, including postvention after suicide, and discuss how to maintain energy and hope when the going gets tough.

To register: attendee.gotowebinar.com/register/6632742715152024065

March 26, 2019 1PM PST

Learning Exchange: Community Engagement for May is Mental Health Awareness Month

This webinar will introduce the 2019 Each Mind Matters Toolkit and feature Mental Health Awareness Month activities and strategies.

To register: attendee.gotowebinar.com/register/4358905389909356546

June 18, 2019 1PM PST

Suicide Prevention Week 2019: Tools, Activity Ideas and Resources

The webinar will review materials available to support your suicide prevention efforts during National Suicide Prevention Awareness Week (September 6-12, 2019), World Suicide Prevention Day (September 10), and throughout the month and year.

To register: attendee.gotowebinar.com/register/362006900106480130



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Funded by counties through the Mental Health Services Act (Proposition 63), approved by voters.

View all previous Each Mind Matters webinars, presentations, and other resources at: EMMResourceCenter.org